



**Help a cancer caregiver.** Caregivers play an essential role in cancer care. It can be a rewarding job, but it can also take an emotional and physical toll. Caregivers need support, too. Help For Cancer Caregivers is a new website that helps caregivers take care of themselves while taking care of their loved ones.

**Help for Cancer Caregivers offers the information caregivers need:**



Getting help



Making a plan



Working with others



Getting things done



Taking care of you



Coping

**[HelpForCancerCaregivers.org](https://www.HelpForCancerCaregivers.org)**

A collaboration of CancerCare, Caregiver Action Network, Indiana University, Johnson & Johnson, Michigan State University, Millennium: The Takeda Oncology Company, Onyx Pharmaceuticals, An Amgen subsidiary, and Anthem, Inc.